

**AITSO**

A LEG TO STAND ON



**2019  
End of Year Report.**

**A Leg To Stand On**

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We provide free, life-changing, prosthetic limbs, orthotic braces, and appropriately fitted wheelchairs, to children living with limb disabilities in the developing world.

Our mission is to offer our patients, aka CoolKids, the physical capabilities needed to access the opportunities and self-esteem earned through mobility, including education, gainful employment, and the tools to live self-sufficiently.

**On behalf of the 18,000+ CoolKids served so far, and those who still wait, thank you.**

**18,589**

**patients  
treated to date**  
since 2003

**10**  
**countries**

Afghanistan  
Bangladesh  
Cambodia  
India  
Indonesia

Laos  
Nepal  
Pakistan  
Somaliland  
Uganda

**11**  
**programs**

**72%**

of our CoolKid families  
earn less than \$3 per day

**92%**

of our CoolKids travel between  
1 and 3 miles to attend school



SEYHA FROM AGE 6 TO 19. READ SEYHA'S FULL STORY ON PAGE 6.

Growing Up ALTSO refers to our commitment to free continual care for our CoolKids as they grow through the age of 21.

This commitment is imperative to helping our CoolKids maintain and improve their mobility - and all the opportunities that offers. But Growing Up ALTSO is also so much more.

When a CoolKid like Seyha is able to consider new possibilities, opportunities and dreams that she never could have before - that's Growing Up ALTSO.

When a CoolKid like Seyha who never received an education, only to begin walking to school everyday and become the top student in her class - that's Growing Up ALTSO.

The Joshi (pronounced joe she), our high-quality, universal modular prosthetic lower limb system designed specifically for use in the developing world, made huge strides in 2019.

We are continually checking up with our CoolKids and program partners to receive feedback on the Joshi. Working with our manufacturing partner in Gujarat India, numerous adjustments were made to the overall design to increase the quality, usability, and longevity - making the Joshi even better than ever.

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**Check out what we've been up to:**

- Worked with Prime Studios to create customized packaging to improve distribution and inventory (more below!)
- Improved our modular adapters to better fit users in the developing world
- Introduced stainless steel screws and bolts for all components
- Brought manufacturing in-house for all modular components, including knee joints
- Improved external coating of Joshi components to better withstand scratches and corrosion



## Special thanks

to Prime Studio for their pro-bono support to ALTSO.



In 2019, packaging was created for our Joshi modular prosthetic limbs by Stuart Harvey Lee and his team at Prime Studio Inc. - a Product + Brand design consultancy based in the heart of New York City. Over the course of six months, we worked closely with Prime Studio to design cost effective, recyclable, custom made packaging to help streamline our distribution strategy in order to efficiently reach more users in need around the world. This initiative enabled us to ship our Joshi modular prosthetic limbs as individual kits for new patients and in bulk for existing patients. As a result, we were able to decrease its shipping costs and supply its partners with more product in each order.



We met Sulistyo when he was only 6 years old in Indonesia. Now, at the age of 20, he has been Growing Up ALTSO for more than 13 years.

Soon after receiving his first treatment, Sulistyo was able to start attending school. In 2017, he graduated with honors. It wasn't long after that he received a full scholarship to a technical university.

Sulistyo can't wait to complete his education and become a web developer.

**That's #GrowingUpALTSO**

**Sulistyo  
Indonesia  
20**

According to World Health Organization (WHO), 70 million people worldwide are in need of wheelchairs. In the developing world, people often rely on hospital-style wheelchairs - designed for temporary use.

For wheelchair users, who spend a minimum of 8 - 10 hours in their chair each day, a properly fitting wheelchair is essential to avoiding secondary health complications, not to mention increased quality of life.

To provide high-quality, appropriate fitted wheelchairs for our CoolKids, we began partnering with Consolidating Logistics for Assistive Technology Supply and Provision (CLASP) - a USAID-funded project implemented by UCP Wheels for Humanity.

Since 2017, we have provided 412 high-quality, appropriately fitted wheelchairs to our partners in Afghanistan, Nepal and Somaliland - giving each CoolKid the comfort and adjustability to fit their individual needs. Our CoolKids now have access to adjustable wheelchairs suited for their individual needs and the environments in which they live.



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Sixteen year-old Asha received a rough terrain wheelchair with a clip-on tricycle - most suited for the sandy terrain of Somaliland.



In 2011, we met Seyha, a timid 9 year old who was self-conscious about her appearance and speaking skills. We fitted her with her first prosthetic limb, and committed to covering her treatment through the age of 21. Thanks to your support, Seyha is now confident in her own skin, driven, and at the top of her class with an ambition to one day become a medical doctor.

Seyha meets with our Director of Programs, A.J., when he makes site-visits to Indonesia, and has been providing crucial feedback on the Joshi and treatment process for many years.

**That's #GrowingUpALTSO**

**Seyha**  
**Cambodia**  
**18**

In 2019, we began shipping high-quality, orthopedic-grade polypropylene sheets from global manufacturers to our partners around the world. These sheets are used to create custom fit orthotic devices that our CoolKids need to accommodate their specific mobility needs. The materials are durable, best suited for the terrain in which our patients live, and recyclable.

Many patients of ours are in need of long-term corrective devices that, over time, properly align, correct the position, support, stabilize, and protect certain parts of the body. The polypropylene sheets are used to make such devices, providing the medically necessary assistance needed to decrease discomfort and increase mobility and independence.



## Mission

A Leg To Stand On (ALTSO) is a non-profit organization working in the developing world, bringing free orthopedic care to children with untreated limb disabilities whose families cannot afford treatment. Our goal is to provide high-quality continuous care through the age of 21 for all patients treated under ALTSO's program.

## Board of Directors of Annual Report

C. Mead Welles - Chairman & Co-founder

Cathy Carroll - Treasurer

Harold van Bosse - Medical Director

Edwynn Laffey - Director

Ray McKenzie - Director

## Financials at a glance

Total annual income: \$754,347

Total annual expense: \$696,312

Ending net assets: \$331,546

### A LEG TO STAND ON

(A Nonprofit Organization)

#### Statement of Functional Expenses

For The Year Ended December 31, 2019

## Financials

	Program Services	Management and General	Fundraising	Total Expenses
Staff salaries	\$ 199,823	\$ 43,067	\$ 45,955	\$ 288,845
Payroll taxes and employee benefits	60,459	13,904	14,558	\$ 88,921
Prosthetic and orthopedic products	158,174	-	-	158,174
Office supplies	1,683	1,082	3,804	6,569
Occupancy	7,255	7,255	7,255	21,765
Accounting fees	-	10,985	-	10,985
Consultants	25,040	775	-	25,815
Travel	8,741	682	13,997	23,420
Meetings and meals	105	885	383	1,373
Shipping, mailing and delivery	15,317	208	1,752	17,277
Direct mail service	-	-	6,859	6,859
Bank, payroll and processing fees	1,399	5,403	306	7,108
Software & subscriptions	4,212	3,660	4,198	12,070
Marketing	-	-	234	234
Printing	-	-	9,599	9,599
State registrations	-	-	4,097	4,097
Telephone	2,359	2,359	2,359	7,077
Insurance	-	2,111	-	2,111
Depreciation and amortization	-	817	-	817
Miscellaneous	779	1,999	418	3,196
Total Expenses	<u>\$ 485,346</u>	<u>\$ 95,192</u>	<u>\$ 115,774</u>	<u>\$ 696,312</u>

# A!T!SO

A LEG TO STAND ON

